

JUGHEADS

JOURNAL

Monthly news of JUGHEADS Youth Juggling Company, LLC • Edina, Minnesota • October 2017

'17-'18 Student Leadership Team (SLT)

Teen mentors steward the JUGHEADS mission

Mentorship among our wide age range has long been a key asset of JUGHEADS (JH). Our SLT has developed over the years, from two Captains in '95 to our current team of 14 leaders who assert well-rounded stewardship of the company and its motto, "developing youth through juggling." SLT members connect with younger Jugheads and peers while learning to be "#1 Workers" who give of themselves. SLT names are listed below for parents to memorize and honor for the service they perform. Here are our tuition-earning **Assistants** (grade, JH year, and member-clubs):

ADVANCED— **Grant D.+***: Soph., 8th year, UC & Elite; **Hans Janovy M.+**: Soph., 6th year, Elite; **Mirranda M.+***: Senior, 4th year, UC & Elite; **Elizabeth S.+**: Soph., 8th year, UC & Elite. **THURSDAY REC.**— **Peter H.+**: Senior, 8th year, Elite & Adv. **FRIDAY REC.**— **Eva H.+**: Junior, 8th year, UC & Elite; **Libby Hall+**: Junior, 8th year, Elite; **Kayla M.+**: Soph., 7th year, UC & Elite; **Joshua N.+***: Senior, 5th year, UC & Elite.

The intern-like **Volunteers** don't bear the same high expectations placed on the employee-like Assistants, but they immerse in at least a year of training before being named Assistants:

THURSDAY— **Jared Ashton** (Soph./Jr., 3rd year, UC & Elite); **Nathan D.** (Freshman, 7th year, UC & Elite); **Lizzy V.** (Freshman, 4th year, Elite). **FRIDAY**— **Linus B.*** (Senior, 7th year, UC & Elite); **Peter H.+** (also our Thursday Assistant).

Member-**Captains** lead warm-ups, lead by example, and spearhead the members' vision. **Elite Club**: Seniors **Mirranda M.+*** and **Joshua N.+***; **Ultimate Club**: Senior **Laura S.***.

+Officer in '17-'18. *Earned **varsity letter** in juggling in '16-'17.

MEA Oct. 19-20; Emmaus Nov. 15-17

Mark calendars for special circumstances

MEA Camps: Consider sending your Jughead (or referring a new student!) to our camps: **Oct. 19-20**, 9-Noon (tailored to beginners/Rec.-level) and 1-4 pm (priority to Adv./Elite/UC). Register online or via our form. **NO Regular Clubs Oct. 19-20.**

TEC Displacement to Emmaus: Twice a year, TEC (Teens Encounter Christ) holds retreats at St. Stephen's. **Emmaus Lutheran Church** in Bloomington is again our back-up facility for TEC in both Nov. & April! Plan on commuting/carpooling to Emmaus (8443 2nd Ave S, 55420) on **11/15 (Advanced)**, **11/16 (Thursday Rec. and UC)**, and **11/17 (Fri. Rec.)**. April TEC dates: **4/18, 4/19 & 4/20.**



EYJA Thinks & Acts Locally

13th year of Edina-area youth juggling grants

The **Edina Youth Juggling Association (EYJA)** was founded in 2005 by former Jughead parent **Doug Watson** under the **Edina Community Foundation** to promote youth juggling in Edina and its surrounding communities. Grants include sponsorship of the *Winter Showcase*, *Juggle Jam*, guest instructors, props for performing and teaching, yard signs, SLT training, and a senior scholarship awarded each March. In 2016, **the EYJA passed the \$100,000 milestone** of funds raised since its inception!

Each fall, the EYJA sends out a mailing requesting **tax-deductible donations** to promote local youth juggling. JH does *not* directly benefit from these donations, but the EYJA supports many activities that *do* support our own mission to develop youth through juggling. NOTE: The EYJA can even be a designated fund through your company's United Way campaign drive!

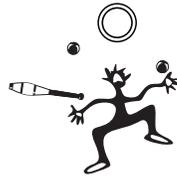
CLUB RETROSPECTIVE: Monday Rec. Club, 2001-2017

16-year run yields many Jughead legends

As our current membership knows, the decision was made late this summer to cancel Monday Rec. Club (M.R.). On the surface, this was due to yearly declining rosters; on a deeper level, **Paul** had been encouraged for several years by **Wendy** (his "radar" in life) to consolidate club days for more margin in his now-quarter century of youth work. The fact that all five M.R. kids enrolled as of Aug. 22 were able to switch club days made the decision more obvious, but it was still a sad loss, considering that returning M.R. Assistants **Eva H.**, **Elizabeth S.** and **Grant D.** all started as young rookies there in '10-'11. But they accepted club reassignments, and the club was cancelled. Monday is now Paul's "office day" and/or a day to catch up from often-busy weekends with many varied events, especially JH-related. Before M.R. becomes a distant memory, here are some names in its fruitful history.

M.R. birthed the JH careers of future captains **Rory Bade** ('13), **Cole Dunbar** ('17), **Reid Johnson** ('15), **Riga Moettus** ('16), **Evan Peter** ('14) and **Amanda (Richter) Aberg** ('10). **Chris Lovdal** ('11) and **Scott Richter** ('07) both joined M.R. in '02-'03 and coached several years each after high school. All alumni listed above achieved one or more IJA Teams medal(s), along with other once-M.R. rookies **Elise Johnson** ('17), **Joey Spicola** ('11), **Hanna Stoehr** ('09), **David Uhr** ('09), and former Jughead **Shawn (Maddie) Rodbourne**.

Current deca-Jughead seniors **Skip N.** and **Luca P.** started in M.R. in '08-'09 and competed together at IJA this July,



along with **Joe D.**, a M.R. rookie in '13-'14. On our current SLT, **Nathan D.** and **Libby H.** join our three reassigned leaders as having rookie-roots in M.R., and space prevents me from listing all the other leaders nurtured by or having served in M.R. since 2001. 11 of our 19 "Rudys" hailed from M.R., including deca-Jugheads **Natalie Lovdal** (JJ6/'13) and **Graham Rowe** (JJ8/'14) and current members **Zoe H.** (JJ16), **Maya N.** (JJ19) and **Elizabeth S.** (JJ13).

In the end, it really doesn't matter which club day provides the start for our kids investing up to half of their childhoods in our company. We have many current and past legends who began in Thursday, Friday, or even Wednesday Rec. (in its pre-Advanced days through '07). But on the occasion of this downsizing of our club choices, it's good to reflect that there is lingering fruit from a now-discontinued club. That's applicable to any one of us whose schedules and priorities change: looking back with thankfulness for our roots while looking ahead with hope for new adventures.

JUGHEADS Community News

- **JUGGLE JAM 20 (JJ20): May 18-19, 2018** with all-cast dress rehearsals **May 9 & 15** (6-9 p.m.). All Jugheads are strongly encouraged to be part of JJ! Details this winter.
- **"Jingle Jam,"** our annual all-Jugheads party, is set for Sat., Dec. 9, 5-9 pm at Calvary Church-Edina. More info. in Nov.
- **Baby Jughead Bro!** On Oct. 3, parents **Andy & Kelly S.** and Friday Rec.'s **Luke** welcomed into the world **Matthew James S.**, born at 1:08 p.m. / 9 lbs, 2 oz. Baby Matthew also has four older doting sisters (**Emily, Sarah, Rachel, Mary**). Congrats!
- **Radio Appearance on AM 1570:** In early July, **Paul** was interviewed by **Bobby Turnowski** of **Mathnasium** regarding juggling's benefits for the brain. Listen to the 10-minute segment from "When It All Adds Up" at www.jugheads.com/media.htm.
- **October ENDURANCE CONTESTS: Thurs. & Fri. Rec., 4 Balls:** 10/26, 10/27 (Rookie Rec. members are exempt but encouraged to compete); **Adv. & Elite, 5 Balls:** 10/24, 10/25.
- **"Youth Juggling Caught Here!"** Show your Jughead spirit! Display your EYJA-sponsored yard sign in the fall & spring months. Don't have a sign? Request one in our office at club.
- **UPCOMING OFFICER MEETINGS, 9-Noon:** 10/7 at the **Schroeder** home; 11/11 at the **Nelson** home.

Paul's Platform:

"Tragedies vs. Atrocities"

This is my 8th in a series of 10 columns in 2017 on the importance and proper use of words, and how language influences how I lead this youth company.

"Words mean things." I often heard that phrase by a radio personality during my college years (even as I trained for my own hopeful radio career). Similar to my preference for a neat hair-style and weighing myself to the tenth of a pound every morning, I prefer to be precise rather than sloppy (as I put it) with word use. Along with several other word-use topics this year, one of my personal soapboxes involves the over-use of the word "tragedy."

When I think of a tragedy, I think of something that *happens to* someone, such as a natural disaster, accidental (or disease-caused) death of a loved one, or a shattered dream, just to name a few. In the strongest terms, however, I do NOT call it a "tragedy" when someone is murdered, assaulted, abused, or otherwise the victim of a fellow human's act of evil, whether on an individual or mass scale. Human acts of evil *done to* others are atrocities, not tragedies. (They may be both, but Justice demands word accuracy, and "atrocious" is not too strong a word for an intentional act of evil.)

Don't get me wrong. I believe that within every human heart lies the capacity for atrocities. Even hating someone is considered like murder in Jesus' eyes (Matthew 5:22) and lust is as sinful as adultery (Matthew 5:28). However, there are still legal and consequential difference between *evil thoughts* and *evil actions*. To think an evil thought is sinful; to act on it is an atrocity.

I'm not sure why so many in the media and even in our everyday conversations don't differentiate more often between tragedies that "happen to" people and atrocities that are "done to" people. Like so many other words that are either misused or under-used, I don't let that imprecision stop me from what I try to do in my own life and in the lives of those I mentor: learn to be content in the midst of tragedies, and pray for justice for those who are victims of atrocities (and for the perpetrators too, even if forgiving them in one's heart). In both cases, trusting God is key to healing. "Give thanks in all circumstances..." (1 Thessalonians 5:18)

On a micro-scale, may our Jughead families and staff be agents of healing for others with various tragedies (large and small) that we experience in life, and may we not only avoid being party to atrocities of action, but may we also guard our hearts and take captive every thought lest it lead to an atrocious act of evil. Character counts, inside and out. We try to nurture that here in many ways, every day. It's about so much more than juggling.

Developing Youth Through Juggling Since 1994,

Paul Arneberg, JUGHEADS Founder, Director & Head Coach
cell: 612.978.9707 • jugheads@comcast.net

Wendy Arneberg, JUGHEADS Office/Operations Manager
cell: 612.229.3348 • wendy@jugheads.com

U.S. Mail: 5905 Concord Ave., Edina, MN 55424 • **Web:** jugheads.com

JUGHEADS Location: St. Stephen's Church • 4439 W. 50th St. • Edina • 55424

Tom Gaasedelen, Ultimate Club Coach
cell: 952.358.1023 • t.gaasedelen@gmail.com

Betsy (Gaasedelen) Nelson, Adv. & Friday Rec. Movement Specialist*
bgaasedelen@gmail.com

*Betsy will resume her work with us in November.