

# JUGHEADS

J O U R N A L

Monthly news of JUGHEADS Youth Juggling Company, LLC • Edina, Minnesota • February 2009

## JUGHEADS Class of 2009

### (Up to) 12 seniors to graduate as Jugheads!

In 2006, JH saw our first-ever high school seniors continue membership through graduation. Three graduates were honored by a special presentation on Saturday night's show of JJ8. In 2007, we had six graduates. In 2008, two graduated as Jugheads. This year, as many as 12 Jugheads will complete their senior year as active members of the company—more than the first three years combined! Due to the sheer size of this graduating class, Paul will split the Senior Presentation over the two-night run of JJ11, most likely according to years in the company. Paul is aiming to get started on the media presentation over spring break. Therefore, if parents or friends of our 2009 graduating class have any pictures, videos, or stories of our huge group of oldest veterans, please pass along the digital files or emailed stories by Friday, March 27. Our current senior class of Jugheads are:

- 6th year Jugheads **Ben H., Jenna K., and Jameson N.**;
- 7th year Jughead **Colin R.**; 8th year Jugheads **Christine J., Danny R., Hanna S., and David U.**;
- 9th year Jugheads **Nate M. and Sarah Z.**;
- and our two unprecedented 10th year Jugheads, **Ricky H. and Brett K.** (Ricky, Brett, and Jameson were our first-ever 3rd grade Jugheads in 1999.)

## Officer Voice: Danielle

The first day I walked into the old and musty Normandale auditorium for my first day of JH, I was welcomed by a warm and friendly group of kids. These kids were all led by the same responsible big kid named Paul. I must admit my first day of JH was a little frightening and overwhelming for me, but I've always known (even on the first day) that JH was a place I would always be accepted in. Later on, I developed life long friendships, an interesting talent, leadership, and awesome bragging rights! It wasn't until this year (my 7th year of JH) that I realized that this community is based so much off of compassion.

This epiphany happened in the middle of a boring Language Arts class about the ICCAR values that most Edina students have heard of. One of the C's stands for

compassion. My teacher told the class to describe a place or a person who demonstrates compassion. So I took a big step back and imagined the perfect community of compassion. I thought of leaders that all cared about all the individuals' best interest. I also thought of others following the example of the leaders. They encouraged each other when someone had a hard time, and they congratulated each other when they did well. Some others



19 Jugheads enjoyed a juggling weekend at Mad-Fest in Madison, WI, January 16-18.

also made a friendly rivalry to keep pushing each other forward to get better. Only after I was done with this short writing assignment I realized I was describing JH!

Personally, JH has taught me to be more of a compassionate person. This is my second year assisting for Monday Rec., and oh boy have those 3rd-7th graders taught me to be a compassionate person. Of course JH goes way beyond just compassion, but I think value has taught me a lot to be a better friend, student, and teacher. Your Jughead might take something different away from JH, but for me compassion has resonated with me the most. All in all I think we are all very blessed to be a part of

such a loving and compassionate community. —Danielle: Officer, Mon. Rec. Assistant, 7th year Jughead, Middle School freshman

## EYJA Winter Showcase: 3/20/09

### Acts must preview for leaders by Feb. 27

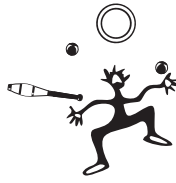
The 4th annual student-led EYJA Winter Juggling Showcase is Friday, March 20 at 7:30 pm at **South View Middle School** in Edina. This 90-minute show is free and open to the public. 25 acts have expressed interest in performing; the next step is for each act preview their routine for a coach and student leader by 2/27. The finalized cast will be contacted in early March.

## CLUB SPOTLIGHT: Thursday Rec.

### From Entry Level to Ultimate-in-Training

Thursday Rec. continues to be populated by all boys, most of whom are in middle school. Decidedly more laid back than any other club, Thursday's boys often enjoy shooting hoops as much as going for the next juggling standards. However, the club also has a few kids with serious sights set on Elite & Ultimate Club, and the JH trademark of progress-at-your-own-pace is evident here. Continuing their past creativity for JJ routines, this year will literally test the character of the boys as they juggle to a "storybook" theme (ala fractured fairy tales).





## JUGHEADS Community News

- **WELCOME to rookie Jughead Aaron Zuhlsdorf**, Advanced Club freshman! Also, freshman **Chris Jost** (JH rookie) and 8th grader **Joe Gould** (JH 2nd year) recently transferred from Thursday Rec. to Advanced Club.
- **DVD UPDATE:** We're still awaiting the completion of the JJ10 DVD. The *big* problem is that we accepted use of a professional HD camera, but the high-maintenance technology has proven overwhelming for editing & rendering. Thank you for your patience; it's frustrating for us, too.
- **FEB. 13, LAST RELEASE DAY CAMP:** 9-5 pm w/ lunch, \$55; 9-12:30 pm (with Coach Paul) or 1:30-5 p.m. (with Coach Billy) w/o lunch, \$25. Please register by Feb. 12 so that we can pre-order our Subway lunch.
- **OFFICERS, 10:30-Noon:** 2/14 at Schlenders'.
- **IJA Festival down payments** are due by Tues., Feb. 17.
- **WENDY ARNEBERG** is undergoing surgery on 2/19, hopefully laparoscopically, to remove ovarian and uteran cysts. She had emergency surgery on 12/16/06 to remove a cyst; we're praying for no complications and speedy recovery.
- 26 Jugheads are registered as a group to attend **MONDO Jugglefest** on Feb. 21 at Concordia U. in St. Paul. (Six of those 26 will also attend with Paul on Friday night.) The earlybird deadline has passed, but we still have openings if other Jugheads (of *any* eager ability level) choose to register with us through Feb. 19. We also have chaperone openings.
- There **is** Fri. Club on 3/6, Edina Schools' K-5 release day.
- **EDINA UNPLUGGED** (edinaunplugged.org) is 3/9/09. Monday Rec. will be held, but families may keep their children home to honor the event. Please email any absences.
- **JUGGLE JAM 11: Shows** are 7 p.m. on Fri. & Sat., May 15 & 16. **Dress Rehearsals** are 5:45-9 pm on Tues., May 5, and Wed., May 13. **Auditions** (solos, etc.) are tentatively scheduled for Mon. & Tues., April 13 & 14. (The EYJA Winter Showcase is about opportunity, but the JH Juggle Jam only allows the top few acts. Prospective JJ acts must perform in the Showcase on 3/20 and fill out an application by 3/27.) **Ticket packets** will be available mid-February. Selling is not required, but incentive prizes are offered.

## Paul's Platform

### "Nobody Can Coach *Desire*"

One of the paradoxes of (my) life is the dichotomy between laziness and productivity. On the one hand, I'm a naturally lazy person who often likes nothing more than a free day...sleeping in...the illusion of no responsibilities...eating & lounging at will...no exercising...etc. On the other hand, I like to make the most of my time...set and accomplish goals...exercise six day a week...initiate calls and emails to family & friends...and measure my progress in innumerable areas of personal and professional improvement.

To put this dichotomy (of mine) in the context of my direct work with the Jugheads, I sometimes enjoy days where demands on my time are minimal...no one *seems* to need help...and the kids are content with extra long snack time and/or time to play basketball or just chat. However, I am personally *more fulfilled* by being productive with students who desire to improve—rather than merely being a supervisor of kids running around or taking lots of time to examine their i-Pods between juggling runs (if they're juggling at all). In the movie "Prefontaine," Coach Bill Bowerman tells the world-famous runner, "Nobody can coach *desire*, Pre." Similarly, Coaches Scott, Billy, Jon and I can't *make* a Jughead *want* to juggle and improve, even if we can offer all the technique, creativity, and inspiration in the world. Human nature may have a penchant to minimize effort and avoid hard work, but I believe it's also in our blueprints to crave self-improvement. A Twin Cities Marathon shirt put it very well: "Never Stop Challenging Yourself." May Jugheads of every ability level have the desire and self-challenge to have a great 2nd half of the school year.

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(Contact Wendy to be added to the JUGHEADS email list for all the latest news.)

#### JUGHEADS Mailing Address (Home Office):

5905 Concord Avenue, Edina, MN 55424

#### JUGHEADS Clubs and Camps Physical Location:

Wooddale-Edina ..... 5532 Wooddale Ave., Edina, MN 55424

Online Registration ..... [www.jugheads.com/clubs.htm](http://www.jugheads.com/clubs.htm)

General Information ..... [www.jugheads.com](http://www.jugheads.com)